

# **First Aid Policy**

**Approved by:** Full Governing Body **Date:** 16<sup>th</sup> January 2023

Next review due by: January 31st 2024

## 1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils and visitors;
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety;
- Provide a framework for responding to an incident and recording and reporting the outcomes.

## 2. Legislation and guidance

This policy is based on the <u>Statutory Framework for the Early Years Foundation Stage</u>, advice from the Department for Education on <u>first aid in schools</u> and <u>health and safety in schools</u>, guidance from the Health and Safety Executive (HSE) on <u>incident reporting in schools</u>, and the following legislation:

- The Health and Safety (First-Aid) Regulations 1981, which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- The Management of Health and Safety at Work Regulations 1992, which require employers to make an assessment of the risks to the health and safety of their employees
- The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- Social Security (Claims and Payments) Regulations 1979, which set out rules on the retention of accident records
- The School Premises (England) Regulations 2012, which require that suitable space is provided to cater for the medical and therapy needs of pupils

# 3. Roles and responsibilities

## 3.1 Appointed person(s) and first aiders

The school's appointed person is Chris Wallis. They are responsible for:

- Taking charge when someone is injured or becomes ill;
- Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits;
- Ensuring that an ambulance or other professional medical help is summoned when appropriate:

First aiders are trained and qualified to carry out the role (see section 7) and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment;
- Sending pupils home to recover, where necessary;
- Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident (see the templates in appendices 2 and 3);

Keeping their contact details up to date.

Our school's first aiders are listed in appendix 1. Their names will also be displayed prominently around the school.

#### 3.2 The local authority and governing board

Cornwall Council has ultimate responsibility for health and safety matters in the school, but delegates responsibility for the strategic management of such matters to the school's governing board.

The governing board delegates operational matters and day-to-day tasks to the headteacher and staff members.

#### 3.3 The headteacher

The headteacher is responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of trained first aiders are present in the school at all times;
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role;
- Ensuring all staff are aware of first aid procedures;
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place;
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place;
- Ensuring that adequate space is available for catering to the medical needs of pupils;
- Reporting specified incidents to the HSE when necessary (see section 6).

#### 3.4 Staff

School staff are responsible for:

- Ensuring they follow first aid procedures;
- Ensuring they know who the trained first aiders in school are;
- Completing accident reports (see appendix 2) for all incidents they attend to where a first aider is not called:
- Informing the headteacher or their manager of any specific health conditions or first aid needs;

# 4. First aid procedures

#### 4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment.
- The first aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives.
- The first aider will also decide whether the injured person should be moved or placed in a recovery position.
- If the first aider judges that a pupil is too unwell to remain in school, parents and carers will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents and carers.
- If emergency services are called or it is deemed that professional medical attention is required, one of the school secretaries or a member of the SLT will contact parents and carers immediately.

- The first aider will complete an injury report form (appendix 2) on the same day or as soon as is reasonably practical after an incident resulting in an injury.
- Where an injury requires professional medical attention, an accident report form (appendix 3) will be completed.

#### Additional information:

There will be at least one person who has a current paediatric first aid (PFA) certificate on the premises at all times

#### 4.2 Off-site procedures

When taking pupils off the school premises, staff will ensure they always have the following:

- > A school mobile phone
- A portable first aid kit including, at minimum:
  - o A leaflet giving general advice on first aid
  - o 6 individually wrapped sterile adhesive dressings
  - 1 large sterile unmedicated dressing
  - o 2 triangular bandages individually wrapped and preferably sterile
  - o 2 safety pins
  - o Individually-wrapped, moist cleansing wipes
  - o 2 pairs of disposable gloves
- Information about the specific medical needs of pupils
- Parents' contact details

When transporting pupils using a minibus or other large vehicle, the school will make sure the vehicle is equipped with a clearly marked first aid box containing, at minimum:

- > 10 antiseptic wipes, foil packed
- 1 conforming disposable bandage (not less than 7.5cm wide)
- 2 triangular bandages
- 1 packet of 24 assorted adhesive dressings
- 3 large sterile unmedicated ambulance dressings (not less than 15cm x 20 cm)
- 2 sterile eye pads, with attachments
- 12 assorted safety pins
- 1 pair of rustproof blunt-ended scissors

Risk assessments will be completed by the group leader prior to any educational visit that necessitates taking pupils off school premises.

There will always be at least 1 first aider with a current paediatric first aid (PFA) certificate on school trips and visits, as required by the statutory framework for the Early Years Foundation Stage.

# 5. First aid equipment

A typical first aid kit in our school will include the following:

- A leaflet giving general advice on first aid
- 20 individually wrapped sterile adhesive dressings (assorted sizes)

- 2 sterile eye pads
- 2 individually wrapped triangular bandages (preferably sterile)
- 6 safety pins
- 6 medium-sized individually wrapped sterile unmedicated wound dressings
- 2 large sterile individually wrapped unmedicated wound dressings
- 3 pairs of disposable gloves

No medication is kept in first aid kits.

First aid kits are stored in:

- All classrooms
- Reception (at the desk)
- The school hall
- The school kitchens
- School vehicles

Lunchtime supervisors are equipped with a first aid bag for each playtime area.

## 6. Record-keeping and reporting

#### 6.1 First aid and accident record book

- An injury form (appendix 2) will be completed by the first aider on the same day or as soon as possible after an incident resulting in an injury.
- A copy of the injury form will also be kept and held in the school office in the first aid and accident folder.
- Records held in the first aid and accident folder will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

#### 6.2 Reporting to the HSE

The school secretaries will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The school secretaries will report these to the HSE as soon as is reasonably practicable and in any event within 10 days of the incident – except where indicated below. Fatal and major injuries and dangerous occurrences will be reported without delay (i.e. by telephone) and followed up in writing within 10 days.

#### School staff: reportable injuries, diseases or dangerous occurrences

These include:

- Death
- Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - Any injury likely to lead to permanent loss of sight or reduction in sight

- · Any crush injury to the head or torso causing damage to the brain or internal organs
- · Serious burns (including scalding) which:
  - o Covers more than 10% of the whole body's total surface area; or
  - o Causes significant damage to the eyes, respiratory system or other vital organs
- Any scalping requiring hospital treatment
- Any loss of consciousness caused by head injury or asphyxia
- Any other injury arising from working in an enclosed space which leads to hypothermia or heatinduced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, the school secretaries will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident.
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
  - Carpal tunnel syndrome
  - Severe cramp of the hand or forearm
  - Occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach
  - Hand-arm vibration syndrome
  - o Occupational asthma, e.g from wood dust
  - o Tendonitis or tenosynovitis of the hand or forearm
  - Any occupational cancer
  - Any disease attributed to an occupational exposure to a biological agent
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
  - The collapse or failure of load-bearing parts of lifts and lifting equipment
  - The accidental release of a biological agent likely to cause severe human illness
  - The accidental release or escape of any substance that may cause a serious injury or damage to health
  - An electrical short circuit or overload causing a fire or explosion

# Pupils and other people who are not at work (e.g. visitors): reportable injuries, diseases or dangerous occurrences

These include:

- Death of a person that arose from, or was in connection with, a work activity\*
- An injury that arose from, or was in connection with, a work activity\* and the person is taken directly from the scene of the accident to hospital for treatment
- \*An accident "arises out of" or is "connected with a work activity" if it was caused by:
- A failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
- The way equipment or substances were used (e.g. lifts, machinery, experiments etc); and/or
- The condition of the premises (e.g. poorly maintained or slippery floors)

Information on how to make a RIDDOR report is available here: http://www.hse.gov.uk/riddor/report.htm

#### 6.3 Notifying parents and carers

Where a child receives first aid following an accident, an injury form should always be completed with one copy being passed to the child and a copy stored in the school office. Children will also be provided with a first aid sticker to act as a visual alert to parents and carers that their child has received first aid treatment following an injury.

Injuries to children in EYFS should always be reported verbally to parents and carers, either at the end of the school day or by phone where this is more appropriate.

For children in Key Stage 1 and Key Stage 2, where an injury has caused a child discomfort for a prolonged period of time, e.g. beyond the time taken to provide first aid, staff should look to report the injury verbally to parents and carers as well as completing an injury form.

Should a first aider determine that an injury requires professional medical attention, parents and carers should be contacted immediately.

Any bump to the head, no matter how minor, is treated as serious. All children experiencing a head bump should be offered a cold pack. All head bumps should be reported verbally to parents and carers. The adults in the child's classroom should be informed and keep a close eye on the child. All bumped head accidents should be recorded using the first aid form with the child also being given an "I've had first aid today" sticker.

## 7. Training

All school staff are able to undertake first aid training if they would like to.

All first aiders must have completed a training course, and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until.

The school will arrange for first aiders to retrain before their first aid certificates expire. In cases where a certificate expires, the school will arrange for staff to retake the full first aid course before being reinstated as a first aider.

At all times, at least 1 staff member will have a current paediatric first aid (PFA) certificate which meets the requirements set out in the Early Years Foundation Stage statutory framework. The PFA certificate will be renewed every 3 years.

# 8. Monitoring arrangements

This policy will be reviewed by the headteacher annually.

At every review, the policy will be approved by the Learning and Development Committee.

# 9. Links with other policies

This first aid policy is linked to the:

- Health and safety policy
- Risk assessment policy
- Policy on supporting pupils with medical conditions

# Appendix 1: list of trained first aiders

STAFF MEMBER'S NAME	ROLE	QUALIFICATION	
Jill Evans	Teaching Assistant	First Aid at Work	
Tom Armstrong	Teacher	First Aid at Work	
Charlotte Overton	Secretary	First Aid at Work	
Kristy Salmon	Secretary	First Aid at Work	
Pauline Davis	EYFS Teaching Assistant	Paediatric First Aid	
Amanda Head	EYFS HLTA	Paediatric First Aid	
Tara Alderson	Learning Support Assistant	Paediatric First Aid	

Whole staff basic first aid training was completed in March 2022 and will be updated every two years.

# Appendix 2: Injury Form

Child's name	1 1
Date/Time	
Location	
	**
Dear Parent/Carer	E
our child suffered a minor injury today and was treated as follows:	31 140°
Head Bump:  o Assessed by First Aider	60 SC
Cold compress applied	
Kept under observation	
Occasionally, certain complications follow a head injury and it is important to observe your child carefully for any of the following signs: vomiting, drowsiness, squinting, inequality of the pupil of the eye, persistent headache.	$\cap$
Should any of these signs be noted, he/she should be seen by a doctor or taken to hospital at once.	\ \ /
Any other injury:	
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<ul> <li>Cleaned and plaster applied</li> <li>Assessed by First Aider</li> </ul>	1 11 11
Cold compress applied	11 11
Kept under observation	
o Other -	
In the event of cuts and grazes, check your child is covered for Tetanus. If you are at all concerned please seek medical advice.	
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or child suffered a minor injury today and was treated as follows:	
ead Bump:  o Assessed by First Aider	12 TO
Cold compress applied	CO SCV
o Kept under observation	
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Assessed by First Aider     Cold compress applied.	1 11
<ul> <li>Cold compress applied</li> <li>Kept under observation</li> </ul>	// //
·	
o Other-	

In the event of cuts and grazes, check your child is covered for Tetanus. If you are at all concerned please seek medical advice.

Parent/carer informed verbally Yes / No

Signed \_\_\_\_

# Appendix 3: accident report form (external medical attention required)

NAME OF INJURED PERSON		ROLE/CLASS		
DATE AND TIME OF INCIDENT		LOCATION OF INCIDENT		
INCIDENT DETAILS				
ACTION TAKEN				
FOLLOW-UP ACTION REQUIRED				
NAME OF PERSON ATTENDING THE INCIDENT				
SIGNATURE		DATE		